

URSA MINOR

WENDY BRONS, PRINCIPAL/ 336 HOONAH AVE, JBER, AK 99505/ 907-428-1311



FEBRUARY 28, 2019

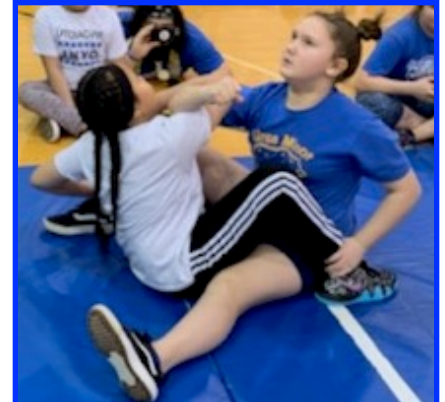
A Message from the Principal

One more week before spring break! We want to finish the quarter strong so check out ASD's Parent Connect (Zangle/Q) and your child's account. There you can check grades and missing assignments along with making a payment on your child(ren)'s lunch account or fieldtrips.

The Parent Engagement Survey is open until Friday, March 8th. Our hope is that all parents take the time to complete the survey because we do use this information to develop school goals and look for ways we can improve our school. This survey also provides data for two of the Anchorage School District's goal of school safety and school...

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Congratulations to all of our Junior Native Youth Olympics participants!
You did a great job!



•• SEL Star Winner ••

2/11 - 2/15

K- Myles D. - McAllister
1st- Zylar S. - Feris/McComas
2nd- Dakota M. - Arriaga
3rd- Aubrey G. - Vecera
4th- Tyler S. - Vecera
5th- Brian S. - Boes
6th- Violet R. - Williams

2/19 - 2/22

K- Abelson L. - Moses
1st- Anna M. - McComas
2nd- Brooklynne C. - Larson
3rd- Cameron S. - Vecera
4th- Nayla M. - Vecera
5th- Halie G. - Boes
6th- Ja'Anna M. - Williams

K-6 Science Showcase

March 21st
6:00 - 7:30 PM

Come out and see all of the completed science projects that will be on display! Exceptional projects will be encouraged to enter in the Alaska Science and Engineering Fair.



Anchorage School District
Educating All Students for Success in Life

ASD SCHOOL BOARD

President: Starr Marsett
Vice President: Deena Mitchell
Treasurer: Elisa Snelling
Clerk: Alisha Hilde
Dave Donley
Andy Holleman
Mark Foster
Superintendent: Deena Bishop



Congratulations to our Spelling Bee winners!

1st Place - Austin
2nd Place - Charlotte
3rd Place - Bailee

A special thank you to our Coordinator, Ms. Larson, the pronouncer, Mr. Chase, and judges, Mrs. Doxtater and Mrs. Wirth. Thank you for your time and help in putting on this event.

Good Luck Austin at your next spelling bee!!

It's time for Yearbooks!

Yearbook preorders are due by March 8th! Order forms are on the book shelf in front of the PTA office. Please make checks out to Ursa Minor PTA or you can go online to ybpay.lifetouch.com and use the Yearbook ID Code: 7684519 to place your order!

Spring and Class Picture Day

March 19

Spring photos are only taken if the child has their payment with them the day of. Proofs will NOT be sent home. Please make checks out to Lifetouch or pay online at mylifetouch.com with the Picture Day ID: AK018080Q0.

PEAKS (Performance Evaluation for Alaska Schools) Testing is around the corner!

March 25 - 29

Please see the testing schedule in the Principal's note.

URSA MINOR PTA

Dates to remember...

Feb 25 - March 1 - Dr. Seuss Week
March 6 - PTA Meeting @ 2:30
March 19 - Spring Picture Day
March 22 - Domino's Night

PTA is looking for new officers for the next school year! All positions are open! If you have any questions feel free to email the PTA!



EMAIL: URSAMINORPTA@GMAIL.COM

FUN FRIDAYS!

Mar 1

Mar 22

Mar 29

Bring in \$.50 for a delicious popcorn treat!

SHOULD MY CHILD STAY HOME? GUIDELINES FOR DECIDING HANDOUT

FEVER A fever is a warning that the body is fighting an infection that could easily spread to others. A child with a temperature of 101 F should not be sent to school; s/he should stay home until fever free without the use of fever reducing medications like Tylenol.

COLDS Are more difficult to assess. A slightly runny nose and occasional dry cough is not enough to keep your child home. However, if your child's nose runs constantly and/or the cough is frequent and wet, or your child is experiencing nausea or is too tired and uncomfortable to function at school it would be best to keep the child home for a day or two.

COUGH If your child has a severe cough, rapid and/or difficult breathing, wheezing, or bluish tint to the skin or the cough is accompanied by a sore throat or not feeling well, the child should stay home from school.

DIARRHEA This is defined as an unusual amount of very liquid stools compared to the child's normal pattern. Child should stay home until able to participate normally at school.

EARS If the child has pain, swelling, drainage or difficulty hearing; please see your healthcare provider. Untreated ear infections can cause temporary or permanent hearing loss.

EYES Red, itchy eyes with a clear, yellow or green drainage from the eye may be contagious and a sign of bacterial conjunctivitis (pink eye). A child with pink eye can attend school as long as they are able to keep from touching their eyes and show that they can properly wash hands after contact with the infected eye.

MEDICATIONS The school district has very specific rules for all medications in school including cough drops. Please see the School Nurse if your child requires any medications while at school.

RASH A rash might be the first sign of an illness. If your child has a rash with a fever and behavioral changes, or a rash that is oozing/ open wound, or is tender with the rash worsening, s/he should be evaluated by a healthcare provider.

SORE THROAT If your child has a sore throat, have the child gargle with warm salt water. If his/her behavior is normal and the child ate breakfast, it's probably safe to send him/her to school. If the child has difficulty swallowing, or you notice saliva building up in the child's mouth because s/he can't swallow, please keep the child home. If you notice white spots seen in the back of the throat please contact your doctor, this could be a sign of an infection.

VOMITING / NAUSEA Please keep your child home if he or she has vomited more than 2 times in 24 hours or also has a fever or if s/he looks or acts ill.



The germs are making their way around Ursa Minor! Included on this page are guidelines for when to keep your child home as well as a way to decide if what they have is the flu or common cold. Please remember, always take your child in to the hospital if it is an emergency. If you have any questions for the nurse, please feel free to call the front office at 907-428-1311.



Differences in Cold or Flu

Symptoms	Cold	Flu
Fever	Rare	Characteristic, high (100-102 degrees F); lasts three to four days
Headache	Rare	Prominent
General Aches, Pains	Slight	Usual; often severe
Fatigue, Weakness	Quite mild	Can last up to two to three weeks
Extreme Exhaustion	Never	Early and prominent
Stuffy Nose	Common	Sometimes
Sneezing	Usual	Sometimes
Sore Throat	Common	Sometimes
Chest Discomfort, Cough	Mild to moderate; hacking cough	Common; can become severe
Complications	Sinus congestion or earache	Bronchitis, pneumonia; can be life-threatening
Prevention	Good hygiene	Annual flu shot or FluMist
Treatment	Only temporary relief of symptoms	Antiviral drugs (Tamiflu or Relenza) within 24-48 hours of onset

Operation Purple Camp Alaska

Two Camps in 2019!

June 15-19 and July 27-31

Boys and Girls Ages 7-17



Operation Purple Camp is a **FREE WEEK** of camp where military kids connect with other kids just like them. At Operation Purple Camp, being a military kid **ROCKS** and we celebrate by bringing together youth from all ranks and services. This unique and memorable “purple” summer camp experience includes everything from kayaking and hiking to target sports and arts & crafts.

Camp Fire Alaska’s Camp K provides the perfect environment for youth to explore the natural world, engage in challenging activities, and form friendships that can last a lifetime. When your military child attends Operation Purple Camp, they’ll thrive in an environment with fully trained counselors and camp staff experienced in helping children adapt and overcome the stressors of military life.

IMPORTANT INFO:

Apply online starting March 4th at:
www.militaryfamily.org

Application period is one month.

Camp K on Kenai Lake
is located in Cooper Landing

Learn more about the Camp K at
www.campfireak.org

Roundtrip transportation is
provided from Anchorage.

Questions? Call (907) 279-3551



Operation Purple Camp is open to military-connected youth and teens from all service branches including National Guard and Reserve, Coast Guard, NOAA, and the U.S. Public Health Services Commission Corps. Priority is given to youth who have a parent that has been wounded, ill or injured (medically retired, medically discharged, active duty and reserve); or will have a parent or guardian deployed during a 15-month deployment “window” (includes pre-, during and post deployment phases). If all spaces are not filled with campers who meet the criteria, the remaining camp slots are filled with other military children who have applied.

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March



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					*FUN FRIDAY	
3	4	5	6	7	8	9
	SEL SKIT -TUCKER		PTA Meeting MPR ROOM @ 2:30		No School	
11	12	13	14	15	16	
SPRING AHEAD 	SPRING BREAK 11TH- 15TH 					
17	18	19	20	21	22	23
Happy St. Patrick's Day! 	SEL SKIT- ARRIAGA	SPRING/CLASS PICTURE DAY		SCIENCE SHOWCASE NIGHT 6 - 7:30 PM 	DOMINO'S NIGHT *FUN FRIDAY 	CHIPS & DIP DAY!
24	25	26	27	28	29	30/31
	*SEL SKIT - LARSON	NATIONAL SPINACH DAY 			*FUN FRIDAY	



REMINDER: students are to arrive at school **NO EARLIER** than **8:25 am** for breakfast and **NO EARLIER** than **8:40 am** for those waiting outside. There is **NO** adult supervision until 8:40 am.

A MESSAGE FROM THE PRINCIPAL

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recommendation. You can get to the survey by going to: www.asdk12.org/familyengagementsurvey.

Third through sixth grades will be participating in PEAKS testing Monday, March 25 through Friday, March 29th. Testing will start in the morning and students will have the day to complete the test. It is important that students arrive on time have eat a satisfying breakfast. Please schedule doctor or other appointments outside of this testing window.

The testing schedule is as follows:

- Monday, March 25 - 4th grade only - Science
- Tuesday, March 26 - Grades 3 and 4 - ELA
- Wednesday, March 27 - Grades 5 and 6 - ELA
- Thursday, March 28 - Grades 3 and 4 - Math
- Friday, March 29 - Grades 5 and 6 - Math

I want to thank PTA and volunteers for hosting the book fair and providing each teacher with some books. I also want to thank Morgan Cook, our school Secretary, for facilitating the Pennies for Patients penny drive. Thanks to our many families - you- for your support in this drive. Every penny counts to support the Leukemia Society to research and fight blood cancers. This year Ursa Minor raised \$1860!

We will be starting our Spring Break Monday, March 11th. There is no school Friday, March 8th, as it is an in-service day for the end of 3rd quarter. Teachers will be using it as a workday (assessments, collaboration, planning and organization). Students will return to school Monday, March 17th, to start the fourth quarter of the 2018 - 2019 school year. It is hard to believe how fast this year has gone!

Enjoy your weekend and warm regards,

Wendy Brons, Principal